W e e ed c e
a e a bee b ec ed
e a e ce, *listen* ,
believe a d *validate* .

It can help to use the acronym **CLEAR** to remember these steps:

C

L

E

A

R

CONFIRM THEIR IMMEDIATE SAFETY AND FIND PRIVACY

If e ca afe e afe fa
c e be a -ca 911 c ac
Ca Sec a 250-370-3075.

FIND A SAFE PLACE TO TALK

ASSIST THEM WITH SUPPORT AND INFORMATION

f a
ab e

ece e e ced e a e ce a a V c a Se a
A a C c 24/7 a 1-888-494-3888

C e g Ce e O ce f S de S

Rec e d e ea d ec e
Off ce f S de S , de
ea ab e f e f
a g e a e ce.

T e ff ce ca a e :